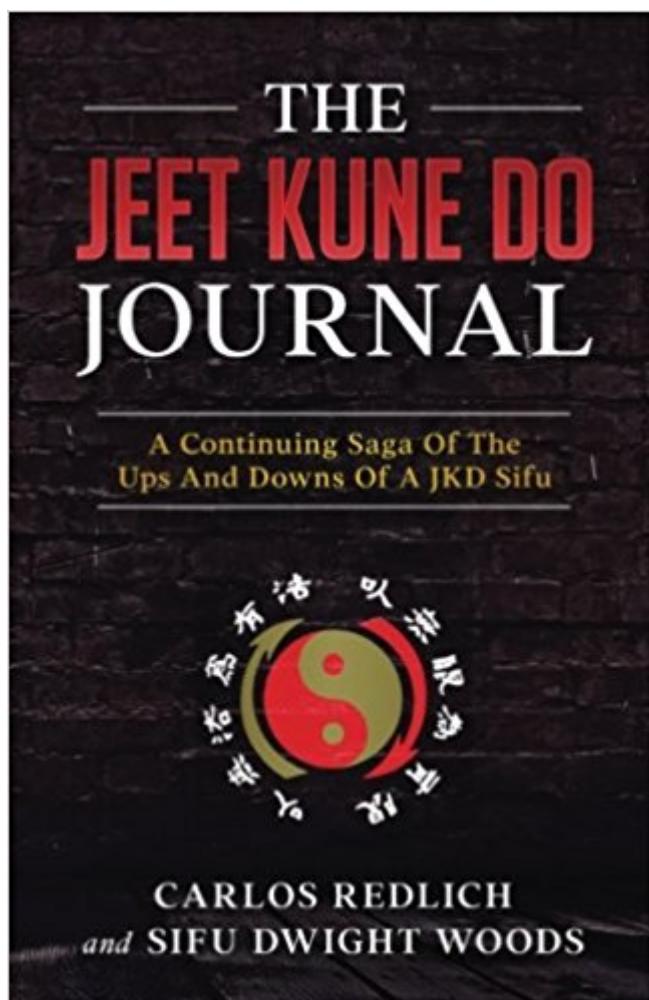


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# The Jeet Kune Do Journal: A Continuing Saga Of The Ups And Downs Of A JKD Sifu



## Synopsis

Inside, you'll discover in-depth insider stories, experiences and philosophical JKD perspectives from Sifu Dwight Woods. This book is the raw and unedited content from an interview held on Friday, July 28, 2017. The interview was held LIVE on the I Love Jeet Kune Do Facebook Page, the worlds leading authority on Bruce Lee's Jeet Kune Do.

## Book Information

Paperback: 148 pages

Publisher: CreateSpace Independent Publishing Platform (August 3, 2017)

Language: English

ISBN-10: 1974122263

ISBN-13: 978-1974122264

Product Dimensions: 5.1 x 0.3 x 7.8 inches

Shipping Weight: 7.7 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #177,022 in Books (See Top 100 in Books) #304 in Books > Sports & Outdoors > Individual Sports > Martial Arts #2523 in Books > Health, Fitness & Dieting > Exercise & Fitness

## Customer Reviews

This book is filled with awesome info on JKD, Bruce Lee and "old school" training stories. If you're okay with it being a transcription of a REAL interview with Sifu Dwight Woods, then get this book! You won't regret it!

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